

Are You?

- Wanting sensible answers to real life issues
- Wondering if Church teaching about sex and relationships is way out of date
- Considering becoming a Catholic but this area of life would be a bit of an obstacle
- Thinking that hardly anybody actually practises what the Catholic Church teaches



- Preparing for the Sacrament of Confirmation
- A non-Catholic asking why Catholics believe what they do
- Looking for fulfilling relationships

- Needing more than empty rules and regulations or a sense of guilt
- Feeling unprepared for modern day sexual moral dilemmas despite a Catholic upbringing
- A young parent or teacher looking for a way to communicate the good news about sex
- Just simply searching, stuck in a relationship that is going nowhere, or feeling like you have somehow lost your way...

If so, this Conference is for you.

Would you agree that...

'The more we know about relationships, the more we will understand ourselves. The better we know ourselves, the more we can see what God created us to be.'



Msgr John Armitage VG of Brentwood Diocese,
Priest Advisor to the Conference



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When & Where?

- Saturday 24th February 2007
- Westminster Cathedral Hall
Ambrosden Avenue
London SW1P 1QH

5 minutes walk from Victoria Tube and Railway Station, 10 minutes from Victoria Coach Station

The Conference costs **just £5** which includes lunch and refreshments. To register please send completed form with a cheque payable to:
Our Lady of Lourdes Parish Wanstead
'Give Me Sensible Reasons To Believe' Conference
51 Cambridge Park
London E11 2PR

Further details including a map will be sent to you, or contact Dr Charlie O'Donnell on 020 8491 6510 (evenings only) or charles.odonnell300@ntlworld.com with any questions.

NAME

ADDRESS

POSTCODE

EMAIL

DATE OF BIRTH

You must be at least 16 to attend the Conference, for all delegates under 18, the following declaration must be completed:

I being the
parent/guardian of
agree to his/her attendance at
Give Me Sensible Reasons to Believe.
SIGNED:
DATE:

For an electronic copy of this booking form, please see:
www.life4seekers.co.uk/downloads

Give Me Sensible Reasons To Believe



*...the true teaching of the
Catholic Church about
SEX and the reasons **WHY***

ONE DAY CONFERENCE
FOR YOUNG ADULTS



This Conference Will...

- Have a practical focus on the most challenging aspects of the Church's teaching that confront young people
- Have straightforward explanations -no previous knowledge assumed
- Answer difficult questions -your opportunity to ask 'why?'
- Explore how all of this teaching about sex and relationships ties in with the God of infinite love
- Have a relaxed atmosphere so you can spend the day how you feel comfortable: sit back and remain anonymous or have your say
- Include down-to-earth communicators and no complex religious language
- Feature confident young Catholics sharing their sensible reasons for saying yes to the teaching of Jesus Christ and the Church He founded



Sex Before Marriage

- OK, maybe sleeping around isn't good, but is *all* sex before marriage wrong?
- The language of sex -what should sex 'say'?

Presentations

Physical Relationships

- Is it possible to fancy each other and not get too physical?
- How far is too far?
- It's about love not lust

Questions

Contraception

- What's the big deal with contraception?
- Isn't it the lesser of two evils?
- Natural Family Planning: what is it? Does it work?

Topics to be Explored



Living Together

- Surely it's sensible to try it out first?!
- What's so special about marriage anyway?
- Divorce seems so common...

Discussions

Abortion

- Blob of jelly or unborn child?!
- How abortion hurts women
- All human beings have infinite value

Answers

Homosexuality

- Isn't sexual preference a private issue? Why does it matter?
- If two people love each other, isn't that all that counts?
- Are condoms OK in HIV prevention?

**Why does it matter what the Church says?
Aren't there more important issues to worry about?**

The speakers are all young committed Catholics who are living in the real world. These issues are a part of their lives as they are of yours.



'The Church's teaching is a goldmine; getting into it has radically changed how I experience and appreciate my sexuality. I'm increasingly free, confident and full of joy in being a woman.'

Emily Davis, Conference Speaker

'We both feel that having an understanding of and living by the Church's teaching on sex and marriage has blessed us beyond measure. Our marriage and our future are continually being shaped and enriched through choosing to live in accordance with these truths.'

Cassie and Tom Hall, Conference Speakers

